

*Welcome to Longueville Road Chiropractic Centre. Please complete all the questions on this form as accurately as possible as this information will help us determine if Chiropractic can help you. Feel free to ask for assistance with any questions.  
 Catherine von Thomann & Associates*

**HISTORY**

Surname: \_\_\_\_\_ Given Names: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code: \_\_\_\_\_

Email: \_\_\_\_\_ I would like to receive LRCC e-newsletter Yes/No

Telephone: Home: \_\_\_\_\_ Business: \_\_\_\_\_ Mobile: \_\_\_\_\_

Date of Birth: DD / MM / YEAR \_\_\_\_\_ Age: \_\_\_\_\_

Health fund. Yes/No. If so, which one? \_\_\_\_\_

Type of work: \_\_\_\_\_ Employer: \_\_\_\_\_

Name of Emergency Contact: \_\_\_\_\_ Phone No. \_\_\_\_\_

Are you: Married  Single  Widowed  Separated  Number of Children: \_\_\_\_\_

Have you had previous Chiropractic care Yes/No. For what problem? \_\_\_\_\_

I would like help with the following condition: \_\_\_\_\_

How long have you had this complaint? \_\_\_\_\_

What makes this condition worse? \_\_\_\_\_

What (if anything) relieves symptoms? \_\_\_\_\_

Is your condition: Getting Worse  Same  Getting Better  Constant Pain  Comes & Goes

Do you have any health concerns? Yes/No. \_\_\_\_\_ Give details: eg Stress, aches & pains, etc

**How did you find out about our services?** Flyer  Yellow Pages  Internet  Friend  name

Drive Past  Referral from Health Professional  name \_\_\_\_\_ Other

**Trauma**

Have you ever:

**Yes No****If YES, when?**Been knocked unconscious   \_\_\_\_\_Use a cane, crutch or other support   \_\_\_\_\_Been treated for spine or nerve disorder   \_\_\_\_\_Had a fractured bone   \_\_\_\_\_Been involved in a motor vehicle accident   \_\_\_\_\_Been involved in a motor cycle accident   \_\_\_\_\_Been involved in a heavy fall   \_\_\_\_\_Been Hospitalized / surgeries   \_\_\_\_\_Any X-rays, CT scan, bone or organ scans   \_\_\_\_\_

- Do you sleep on your stomach? Never  Sometimes  Always
- Is your bed: Soft  Firm  Hard  Other \_\_\_\_\_
- Do you wear any supports for any of the following? Foot, Back, Limb, Other \_\_\_\_\_
- Do you smoke? Yes / No. If yes, number per day \_\_\_\_\_
- Number of cups of coffee or tea per day \_\_\_\_\_

**Activities/sports/exercise programs/hobbies – past or present:****Current medications/supplements:**

**Do you have a family history of ANY illnesses etc?** (eg asthma, diabetes, migraine, heart disease, high blood pressure, cancer...)

Name	Relation	Past & Present Health Problems

**Medical History:**

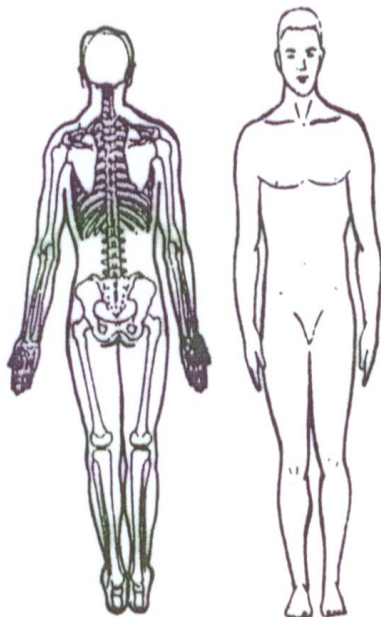
**TICK ANY OF THE FOLLOWING DISEASES YOU HAVE HAD**

- |                                       |   |   |   |  |
|---------------------------------------|---|---|---|--|
| <input type="checkbox"/> Alcoholism   | <input type="checkbox"/> Celiac Disease | <input type="checkbox"/> Goitre             | <input type="checkbox"/> Pleurisy         | <input type="checkbox"/> Scarlet Fever |
| <input type="checkbox"/> Alzheimer's  | <input type="checkbox"/> Chicken Pox    | <input type="checkbox"/> Heart Disease      | <input type="checkbox"/> Pneumonia        | <input type="checkbox"/> Shingles      |
| <input type="checkbox"/> Anaemia      | <input type="checkbox"/> Diabetes       | <input type="checkbox"/> Malaria            | <input type="checkbox"/> Polio            | <input type="checkbox"/> Stroke        |
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Diphtheria     | <input type="checkbox"/> Measles            | <input type="checkbox"/> Polycystic Ovary | <input type="checkbox"/> Tuberculosis  |
| <input type="checkbox"/> Arthritis    | <input type="checkbox"/> Eczema         | <input type="checkbox"/> Mental Disorder    | <input type="checkbox"/> Psoriasis        | <input type="checkbox"/> Ulcer         |
| <input type="checkbox"/> Asthma       | <input type="checkbox"/> Emphysema      | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Rheumatic Fever  | <input type="checkbox"/> Venereal Inf. |
| <input type="checkbox"/> Cancer       | <input type="checkbox"/> Epilepsy       | <input type="checkbox"/> Mumps              |   |  |

**TICK ANY OF THE FOLLOWING YOU HAVE HAD IN THE PAST 12 MONTHS**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Low Back Pain                   | <input type="checkbox"/> Numbness/Paralysis        | <input type="checkbox"/> Digestive Problems   |
| <input type="checkbox"/> Shoulder Pain                   | <input type="checkbox"/> Dizziness/Fainting        | <input type="checkbox"/> Abdominal Discomfort   |
| <input type="checkbox"/> Neck Pain                       | <input type="checkbox"/> Convulsions               | <input type="checkbox"/> Bowel Problems   |
| <input type="checkbox"/> Arm Pain                        | <input type="checkbox"/> Cold/Tingling Extremities | <input type="checkbox"/> Bladder/Kidney Problems  |
| <input type="checkbox"/> Joint pain/stiffness            |  |   |
| <input type="checkbox"/> Walking problems                | <input type="checkbox"/> Allergies                 | <input type="checkbox"/> Menstrual Problems   |
| <input type="checkbox"/> Difficulty chewing/clicking jaw | <input type="checkbox"/> Headaches/Migraines       | <input type="checkbox"/> Vaginal Pain/Infections  |
| <input type="checkbox"/> Leg Pain                        | <input type="checkbox"/> Sleep Problems            | <input type="checkbox"/> Breast Pain/Lumps  |
|  | <input type="checkbox"/> Poor/Excessive Appetite   | <input type="checkbox"/> Prostate problems  |
| <input type="checkbox"/> Vision Problems                 |  | <input type="checkbox"/> Sexual Dysfunction   |
| <input type="checkbox"/> Dental Problems                 | <input type="checkbox"/> Chest Pain                | <input type="checkbox"/> Genital Infection  |
| <input type="checkbox"/> Hearing Problems                | <input type="checkbox"/> Shortness of Breath       | <b>FEMALES ONLY:</b>  |
| <input type="checkbox"/> Ringing in Ears                 | <input type="checkbox"/> High/Low Blood Pressure   | Date of Last Period _____   |
| <input type="checkbox"/> Sinus Problems                  |  | Are you pregnant?   |
|  |  | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe |

**Please mark on the diagram the areas of your discomfort.**



Details: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# LONGUEVILLE ROAD CHIROPRACTIC CENTRE

221 Longueville Road Lane Cove, NSW 2066 Tel: 9418 3930

## *Schedule of Fees*

Effective 1<sup>st</sup> January, 2014

Initial Consultation, Examination & Adjustment.....	\$110.00
Initial Consultation, Examination & Adjustment...(Child).....	\$70.00
Report of Findings & Adjustment.....	\$95.00
Extended Consultation & Adjustment .....	\$80.00
Standard Consultation & Adjustment .....	\$58.00
Pensioner, Student.....	\$50.00
Children (Under 12 years).....	\$50.00
Low Level Laser Therapy (LLLT) .....	\$72.00
Neuro Emotional Technique (NET).....	\$80.00
Acupuncture (Dry Needling).....	\$80.00

### **Please Note:**

We do not keep accounts.

Please observe our 'missed appointment' policy.

A percentage of consultations may be claimable through your private health fund.

**I have read the above and undertake to pay at the time of consultation.**

Signed.....

Date.....

## CONSENT TO TREATMENT

Chiropractic treatments, including spinal adjustments are an effective treatment for spinal pain, headaches and other nervous system related problems. Chiropractic is internationally recognised as being far safer in dealing with neck and low back pain than medication and many other alternatives<sup>1</sup>.

Changes to the law now require all practitioners who manipulate the spine to warn patients of any potential risks. In extremely rare circumstances, some treatments of the neck may give rise to stroke or stroke-like symptoms. This risk is approximately 1 in 5.85 million neck manipulations<sup>2</sup>. Whilst this has never occurred in this practice, we are still required to warn our patients.

If any adjustments (manipulations) are required you will be tested beforehand, as has always been our practice. It is note worthy that the common medical approach to neck pain, that of prescribing non-steroidal anti-inflammatory drugs (e.g. aspirin) has 400 times greater chance of causing serious complication than a chiropractic adjustment<sup>3</sup>.

Other very slight risks include strain/injury to a ligament or disc in the neck (less than 1 in 139,000) or the low back (1 in 62,000).

If you have any questions related to the treatment you are about to receive, please speak to the chiropractor.

- I acknowledge that I have read and understood the above information and have had the opportunity to discuss this information with the chiropractor.
- I hereby give my consent to treatment by signing below.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Patient's name printed

\_\_\_\_\_  
Chiropractor's Signature

\_\_\_\_\_  
Date

<sup>1</sup> A Risk Assessment of Cervical Manipulation, JMPT, 1995. Manga Report, Ontario Ministry of Health, 1993.

<sup>2</sup> Haldeman S, Kolbeck FJ, McGregor M (1999). Risk factors and precipitating neck movements causing ver

<sup>3</sup> Dabbs V, Lauretti WJ. Risk assessment of cervical manipulation vs. NSAIDs for the treayment of neck pain. JMPT 1995; 18; 530-536.